

## **Personal Checklist for Car Camping + Canoeing**

>Drop off \_\_\_\_\_ at HHLC. Pick up Approx. \_\_\_\_\_ at HHLC.

>Clothes for canoeing should be light and fast-drying, synthetic is best.

Come dressed with the following:

- Class A Uniform
- Trail Shoes on your Feet

Ten Essentials #1: Tools

- Watch
- PFD (Class III vest)**
- Canoe Paddle (Length about chin height, prefer metal shaft T-handle that will also be appropriate for whitewater)**
- Pocketknife (If you have Totin Chip)
- Scout Handbook (In a Ziplock Bag)
- Small Notebook & Pen/Pencil (Optional)
- Camera (Batteries, Film, Compatible Memory Card) (Optional)
- Binoculars (Optional)
- Toys (Beanbags, Fisbees, Balls, Cards, Games) (Optional)
- Fishing Equipment (License, poles, tackle, bait) (Optional)

Ten Essentials #2: Light

- Flashlight

Ten Essentials #3: Sun Protection

- Sunscreen
- Sun Hat (Optional)
- Cheap Sunglasses w/ Strap (Optional)

Ten Essentials #4: First Aid

- Personal First Aid Kit
- Medications (Turned in to Scoutmaster)
- BSA Health Form (Turned in to Scoutmaster)
- Trip Permission Form (Turned in to Scoutmaster)
- Bug Spray
- Towel
- Toiletries (Toothbrush, Toothpaste, Soap, Shampoo, Deodorant, etc.)
- Lip balm (optional)

Ten Essentials #5: Rain Gear

- Poncho / Raincoat

Ten Essentials #6: Water

- Full Water Bottle

Ten Essentials #7: Food

- Mess Kit (Bowl, plate, cup, spork, etc.)
- Groceries (If you're buying)

Ten Essentials #8: Extra Clothing / Bed

- Change of Clothes for each Morning (shirt, underwear, socks, shorts/pants)
- Light, long-sleeved shirt and pants for canoeing
- Light Jacket (it gets cool at night by the river)
- Old, sturdy, closed shoes (for the water)
- Sleeping Bag
- Hammock w/ suspension straps, tarp, stakes
- OR
- Tent, Sleeping Pad & Groundcloth
- Bandanna (Optional)
- Pajamas (Optional)
- Pillow (Optional)
- Camp Chair (Optional)

Ten Essentials #9: Fire

- Matches in Waterproof Container

Ten Essentials #10: Navigation

- Compass

Other

- Backpack or Duffel w/ plastic bags or liners to keep gear dry