

Recommendations for Canoe Expedition

>Clothes for canoeing should be light and fast-drying.

>Come dressed and packed for the water with full water bottle.

>Anything taken on the boat needs to be waterproof and able to be tied down.

>Lunch and snacks each day may be eaten on the river, plan and pack meals accordingly.

>Packing space on the boats is very limited - don't bring extras.

>Drop off _____ at HHLC. Pick up _____ TBD.

Items to take/wear on the boat:

- Cheap Sunglasses w/ strap
- Wide-brimmed Hat
- Light, long-sleeved shirt
- Light, long pants
- Synthetic Socks & Underwear
- Old, sturdy, closed shoes
- Sturdy Water Bottle
- Compass (If you have one)
- PFD (Class III vest)
- Canoe Paddle (length between chin and nose when standing with blade on ground)

Items to have in easy reach on the boat

- Pocket Knife (If you have Totin Chip)
- Personal First Aid Kit (if you have one)
- Poncho / Raincoat
- Lip balm (optional)

Items to have packed securely (in plastic bags for waterproofing)

- Dry Shoes for camp
- Dry Clothes for camp (including underwear/socks)
- Light Jacket (it gets cool at night by the river)
- SMALL Hand Towel
- Toothbrush
- Medications (Turned in to Scoutmaster)
- Mess Kit (ONLY Bowl & spoon)
- Compact Sleeping Bag
- Sleeping Pad to be placed in boat
- Hammock, Straps, & Tarp
OR
Tent (shared w/ Buddy)
- Flashlight

DO NOT BRING Toothpaste, Sunscreen, Bug Repellent - Troop will provide!