

## T20 Packing for Northern Tier (2024) 8/10/2023

**Clothes should be light and fast-drying synthetic or wool. No cotton.**

**Packing space on the boats is very limited.**

**Use good judgement when selecting gear. Some items should be waterproof or stored in waterproof containers.**

### Gear for the Water (on your body):

- NT-APPROVED BOOTS (~\$100, recommend buy NT).
- Light, long-sleeved T-shirt.
- Light, long pants (recommend zip-off legs).
- 1 pair socks.
- 1 pair underwear.
- Light belt or suspenders.
- Wide-brimmed hat or ball cap (recommend chin strap).
- Whistle (w/ leash).
- Sunglasses (w/ float strap).
- 1L water bottle (wide mouth, w/ carabiner & leash).
- SPF lip balm (recommend leash cap, \*smellable).
- Eyeglasses (if needed, w/ float strap).
- Sports bra (if needed).
- 2-3 Epi-pens / inhalers (if needed).
- Bandanna or synthetic neck gaiter (optional).
- Watch (optional).
- Minnesota fishing license (optional).
- Paddling gloves (optional).
- Personal Type III PFD (optional, NT provides).
- Personal paddle (optional, NT provides).

### Personal Dry Bag (in boat crew's "whale" pack):

- Waterproof dry bag (20-30L).
- Camp shoes (closed heel & toe, hard sole).
- Stuff sacks or Ziploc bags for organization.
- Warm hat (fleece or knit).
- Fleece jacket.
- Light, long-sleeved T-shirt.
- Light, long pants (recommend zip-off legs).
- 2x extra pairs socks.
- Extra pair underwear.
- Sleeping pad (can carry outside of your personal dry bag).
- Camp towel or hand towel (small).
- Sports bra (if needed).
- Long underwear (optional, synthetic or wool).
- Pillow (optional, inflatable or stuff sack).
- Notepad and pen (optional).
- Smellables bag (Ziplock or stuff sack w/ name on it):
  - Toothpaste (mini tube or dehydrated balls).
  - Toothbrush (small, folding or collapsing).
  - Gold Bond foot powder (small bottle).
  - Extra headlamp batteries.
  - Feminine hygiene products.
  - Spork or spoon.
  - Bowl.
  - Cup.
  - Medications (if needed, primary set).
  - Contact lens supplies (if needed, lenses, solution, case, etc.).
  - Lens cleaner wipes for glasses (if needed).
  - 6-12 Baby wipes (optional).

### Sleeping Bag (in boat crew's "whale" pack):

- Compact synthetic sleeping bag (~30F).
- Waterproof compression bag for sleeping bag.

### Other Personal Gear (in top of boat crew's "whale" pack):

- Durable rain jacket with hood.
- Headlamp.
- Head Net (*Minnesota's state bird is the mosquito*).
- Durable rain pants (optional).

### Boat Gear (work together to bring as a boat crew):

- Drybag or daypack.
- Bug repellent (non-deet).
- Sunscreen (waterproof, high SPF).
- Small first aid kit (hand injuries, blisters, etc.).
- Pocketknife (small, w/ leash).
- Compass (baseplate type, w/ leash).
- Multitool (including pliers / wire cutter, w/ leash).
- Map & map case (Troop-provided).
- Camera (optional, w/ cards, batteries, & float strap).
- Binoculars (optional, w/ float strap).
- 1-2 camp chairs (optional, Crazy Creek type).
- Fishing pole and small tackle kit (optional).

Base Camp & Travel Gear (in small daypack or duffel):

- 2-4 sets Comfortable Class B's for travel & base:
  - T-Shirt.
  - Shorts.
  - Underwear.
  - Tennis shoes.
  - Socks.
- Travel distractions.
- Full class-A uniform for arrival on-base.
- Camp towel.
- Money for travel snacks.

- Spending money for Trading Post.
- Swim trunks (for sauna).
- Shower sandals.
- Medications (backup set for crew first aid kit).
- Full toiletries bag for travel & base (mini bottles).
  - Shampoo.
  - Soap or bodywash and pouf or washcloth.
  - Toothbrush.
  - Toothpaste.
  - Deodorant (solid won't melt).

Troop Gear (Crew Leader and Advisors will bring):

- First aid / sewing / repair kit.
- Spices.

- Fillet knife (optional).
- Lock for storage locker (optional).

Do Not Bring:

- No fluids in spray cans/bottles.
- No cell phones or other electronics on base or trail.
- No glass containers.
- No deodorant on trail. Deodorant only traveling and at base (after trek).
- No hammocks.
- No rain ponchos.
- No canoe chairs that strap or clip on canoe.
- If it's not on the previous page, don't bring it.